

Mental health is a vital component of a child's development and lifelong wellbeing. These **online courses** have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

Supporting children in early learning following a disaster or community trauma

2HRS

This course provides early learning educators with an understanding of their role in the recovery process, along with practical strategies they can use to support children (and themselves) following a natural disaster or community trauma.

Supporting primary students following a disaster or community trauma

2HRS

This course provides primary school educators with an understanding of their role in the recovery process, along with practical strategies they can use to support children (and themselves) following a natural disaster or community trauma.

Supporting secondary students following a disaster or community trauma

2HRS

This course provides secondary school educators with an understanding of their role in the recovery process, along with practical strategies they can use to support children (and themselves) following a natural disaster or community trauma.

Supporting resources

The following resources support the knowledge gained throughout the courses we've recommended. Make sure to save your resources by adding them to your Favourites when you're logged in.



Community Trauma Toolkit

This toolkit contains resources to support children and families before, during and after a natural disaster or community trauma event.



Disaster preparedness, myths and programs that hold promise Podcast

This episode discusses the benefits of involving children when planning and preparing for a disaster, as well as some of the myths and misconceptions that children hold about disasters and bushfires in particular.



Supporting children after natural and human-induced disasters Webinar

This webinar shares research findings and specific interventions to help children's recovery following a natural disaster or community trauma.



Natural disasters Website

Emerging Minds Families includes a range of podcasts, fact sheets and In focus articles that have been developed to help parents and carers to support children in preparing for, experiencing and recovering from floods, bushfires and drought.



Drought Podcast series

In this eight-episode series, clinical psychologists and parents with lived experience share the strategies that best support children and families to cope with the ongoing stress of drought.

To view all online courses and resources visit