

Mental health is a vital component of a child's development and lifelong wellbeing. These **online courses** have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

The impact of family and domestic violence on the child

1HR

This course provides you with an introduction to the impact of family and domestic violence (FDV) on children.

Family and domestic violence and child-aware practice

4HRS

This course examines opportunities for practitioners to engage in a prevention and early intervention approach to promote children's mental health and wellbeing in the context of family and domestic violence.

Honouring Aboriginal & Torres Strait Islander voices in healing family violence

1.5HRS

This course will help you to think about the whole family – their hopes, aspirations, strengths and stories of connections to family, kinship, Country and culture – as well as family histories of problems, challenges and trauma.

Supporting resources

The following resources support the knowledge gained throughout the courses we've recommended. Make sure to save your resources by adding them to your Favourites when you're logged in.



Family and domestic violence **In focus**

This resource will help all professionals understand the 'climate of fear' family and domestic violence creates, and have the skills and confidence to talk with parents about the impacts.



Domestic violence and children **PERCS Conversation Guide**

This guide is designed to support both specialist and non-specialist practitioners to have collaborative, respectful conversations with parent-clients about how FDV can affect the whole family.



Child-focused approaches when working with parents affected by FDV **Webinar**

This webinar identified the skills and knowledge that practitioners need in order to have child-focused conversations with adults affected by FDV.



Family violence and child-aware practice – **Part one + two Podcasts**

Entry points for conversations about children's wellbeing with mothers experiencing family violence and fathers who are using violence are discussed in this two-part series, along with themes of safety, complexity and organisational support.



Children's experiences of family violence **Short article**

This factsheet adapted from Tucci et al provides information about the effects of family violence on a child's social and emotional wellbeing, and ways that interventions can play a role in healing.