

Practice strategies for childhood bullying online course

Practitioners play an important role in preventing and responding to childhood bullying. By building your confidence in working with children who have both experienced and engaged in bullying behaviour, you can begin to support those children to build an identity outside of that experience.

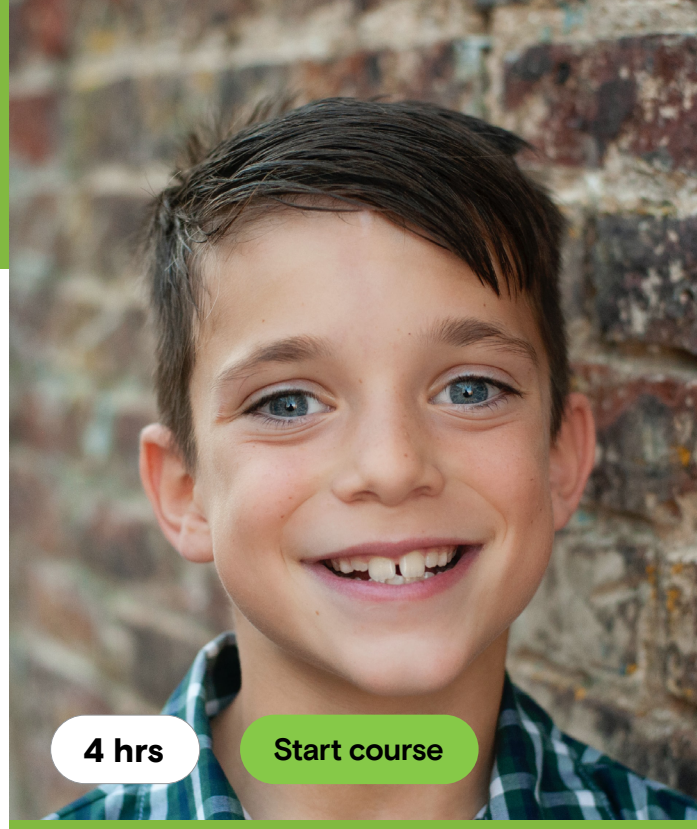
About this course

[Practice strategies for childhood bullying](#) focuses on skills that will help you to support the mental health of children aged 4 to 12 years who have been experiencing or engaging in bullying behaviour.

It introduces eight skills to further your work with children. This course builds on your knowledge from the foundation course [Understanding childhood bullying and mental health](#), which introduces five aspects that can support your understanding of childhood bullying.

Why was this course developed?

Despite considerable efforts to address childhood bullying, it continues to have a significant impact on children's mental health and wellbeing. This course has been developed to support practitioners to respond to the mental health of children who experience or engage in childhood bullying. It is important for all practitioners who work with children to feel confident in this, not just those within the education sector. This course aims to build practitioner confidence in working with children who experience bullying to explore their experience and build their sense of connection and identity; and in working with children who engage in bullying to identify their values and the things that are important to them that contrast to the bullying behaviour.



4 hrs

Start course

How was this course developed?

This course was developed in collaboration with academic stakeholders, child and family services, child mental health experts, children, and parents with lived experience.

Who is this course for?

This course is for all practitioners who work directly with children. It recognises the high prevalence of bullying in the lives of children and provides practical strategies to support their mental health and wellbeing.

What is included in the course?

This course features interviews with practitioners and parents, along with reading materials and reflective activities. It also includes practice demonstrations of each of the eight skills. It is designed to be undertaken individually, but can also be used as a prompt for conversations between colleagues.