

Mental health is a vital component of a child's development and lifelong wellbeing. These **online courses** have been developed to build your knowledge of child mental health and the opportunities you have to improve child outcomes.

Supporting children and families in general practice after a natural disaster or community trauma

1HR

This course is for GPs working with families and children affected by natural disasters such as fire, floods or storms, or by community trauma events.

Supporting children's resilience in general practice

3HRS

This course provides GPs with a conversation guide to assist their work with patients as parents, as well as a rationale for why GPs should conduct preventative conversations with parents about their child's mental health.

A GP framework for child mental health assessment (5-12 years)

6HRS

This course is for GPs who wish to increase their skills in assessing, managing and supporting children (5-12 years) with mental health difficulties.

A GP framework for infant and early childhood mental health assessment (0-5 years)

6HRS

This course is for GPs who wish to increase their skills in assessing, managing and supporting infants and young children (0-5 years) with mental health difficulties.

Supporting resources

The following resources support the knowledge gained throughout the courses we've recommended. Make sure to save your resources by adding them to your Favourites when you're logged in.



GP Toolkit

This toolkit contains resources for you including accredited online courses, parent resources, assessment tools, webinars produced by RACGP and podcasts.



Responding to child anxiety in general practice Podcast

In this episode, we're joined by Dr Andrew Leech to discuss working with children, parents and families where paediatric anxiety may be present.



Developing a plan: Common practice challenges in child mental health Webinar

Based on a case study, this webinar explores the skills required to respond to practice challenges including creating family-led support plans and putting supports in place when there is a lack of services or long waitlists.



How can GPs support children's mental health? In focus

General practitioners are in a unique position to notice and respond to early signs of mental health concerns, and to promote positive mental health for infants and children. Learn more about how you can help.



PERCS Conversation Guide for GPs Guide

The PERCS Conversation Guide is designed to support collaborative, respectful conversations between GPs and parent-patients. It also includes example questions to help GPs explore the important domains within a child's life.