

12-month course schedule 2025/26

| Date | Topic name | Session one | Session two |
|--|---|--|---|
| Monday 21 July 2025 | Welcome week – Introductory tutorial | Thursday 24 July 2025 11:30 am ACST | Thursday 24 July 2025 6:30 pm ACST |
| | Module 1: Practice principles for child mental health | | |
| Monday 28 July 2025 | Guiding principles for working with children | | |
| Monday 4 August 2025 | Guiding principles for working with parents | | |
| Monday 11 August 2025 | Trauma-informed principles for working with children | Thursday 14 August 2025 11:30 am ACST | Thursday 14 August 2025 6:30 pm ACST |
| Monday 18 August 2025 | Guiding principles for working with Aboriginal and Torres Strait Islander children and families | | |
| Monday 25 August 2025 – Friday 29 August 2025 | One week break | | |
| | Module 2: Engaging with parents and families | | |
| Monday 1 September 2025 | Social and emotional wellbeing with Aboriginal and Torres Strait Islander families | Thursday 4 September 2025 11:30 am ACST | Thursday 4 September 2025 6:30 pm ACST |
| Monday 8 September 2025 | Working with culturally diverse families | | |
| Monday 15 September 2025 | Establishing collaboration with parents | | |
| Monday 22 September 2025 | Exploring concerns with parents | | |
| Monday 29 September 2025 | Looking to the future with parents | Thursday 2 October 2025 11:30 am ACST | Thursday 2 October 2025 6:30 pm ACST |
| Monday 6 October 2025 | Working with fathers using family and domestic violence | | |
| Monday 13 October 2025 | Working with mothers affected by violence | Thursday 16 October 2025 11:30 am ACST | Thursday 16 October 2025 6:30 pm ACST |
| Monday 20 October 2025 – Friday 24 October 2025 | One week break | | |
| | Module 3: Practice strategies for working with children (5–12 years) | | |
| Monday 27 October 2025 | Applying social and emotional wellbeing principles with Aboriginal and Torres Strait Islander children and families | | |

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|--|--|--|---|
| Monday 3 November 2025 | Beginning your work with children | | |
| Monday 10 November 2025 | Helping children describe problems | Thursday 13 November 2025 11:30 am ACST | Thursday 13 November 2025 6:30 pm ACST |
| Monday 17 November 2025 | Elevating children's strengths, skills, interests and values | | |
| Monday 24 November 2025 | Exploring supportive relationships | | |
| Monday 1 December 2025 | Reducing the influence of problems | Thursday 4 December 2025 11:30 am ACST | Thursday 4 December 2025 6:30 pm ACST |
| Monday 8 December 2025 – Friday 6 February 2026 | End of year break | | |
| Monday 9 February 2026 | Further challenges when working with children - Welcome back and review workshop | Thursday 12 February 2026 11:30 am ACST | |
| Monday 16 February 2026 | Concluding your work | Thursday 19 February 2026 11:30 am ACST | Thursday 19 February 2026 6:30 pm ACST |
| | Module 4: Responding to specific childhood presentations | | |
| Monday 23 February 2026 | Responding to childhood trauma | | |
| Monday 2 March 2026 | Responding to childhood bullying | Thursday 5 March 2026 11:30 am ACST | Thursday 5 March 2026 6:30 pm ACST |
| Monday 9 March 2026 | Responding to critical incidents | | |
| Monday 16 March 2026 | Responding to autistic and ADHDer children | Thursday 19 March 2026 11:30 am ACST | Thursday 19 March 2026 6:30 pm ACST |
| Monday 23 March 2026 – Friday 27 March 2026 | One week break | | |
| | Module 5: Practice strategies for working with infants and toddlers (0–5 years) | | |
| Monday 30 March 2026 | Working with Aboriginal and Torres Strait Islander infants, toddlers and families | | |
| Monday 6 April 2026 | A framework for promoting infant mental health | | |
| Monday 13 April 2026 | Practice strategies for assessment | Thursday 16 April 2026 11:30 am ACST | Thursday 16 April 2026 6:30 pm ACST |
| Monday 20 April 2026 | Practice strategies for formulation | | |
| Monday 27 April 2026 | Practice strategies for implementation | Thursday 30 April 2026 11:30 am ACST | Thursday 30 April 2026 6:30 pm ACST |

The National Workforce Centre for Child Mental Health (NWC) is funded by the Australian Government Department of Health and Aged Care under the National Support for Child and Youth Mental Health Program.

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