

# Emerging Minds.

National  
Workforce  
Centre for Child  
Mental Health

## Support change in your practice, organisation or region with key Emerging Minds resources



### Get started

Following findings from the Scoping child mental health workforce capability project report, we've curated a targeted collection of free resources from over 1,000 available on our web hub to help support change in your practice, organisation or region.

### Promoting children's mental health and wellbeing

#### [The Whole Child](#)

Short video exploring the interconnectedness of children's mental health with the broader contexts of their lives.

#### [In focus: Child development](#)

Short article exploring the process of child development, emphasising how supportive environments, relationships, and experiences shape children's physical, emotional, and cognitive growth.

#### [Working with Aboriginal and Torres Strait Islander families learning pathway](#)

A selection of resources designed to support those working with Aboriginal and Torres Strait Islander children and families.

#### [Culturally and Linguistically Diverse \(CALD\) Learning pathway](#)

Tailored pathways for topics relevant to work with children, parents and families – mix of online learning, practice guides, podcasts and webinars.

#### [Emerging Minds Families](#)

Resources for families to help them understand what mental health looks like in children and what can shape, nurture and protect it. Resources can also be used by practitioners with families.

#### [Family partnerships for educators toolkit](#)

Self-guided resources supporting leaders and educators in early learning services and primary school settings implement the Family Partnerships Practice Model as a whole of service or school approach to collaborating with families. Family partnerships help create a holistic approach to supporting children's mental health and development.

## Embedding prevention across the system



### [PERCS Conversation Guide](#)

A psychosocial discussion tool developed based on academic evidence and consultations with practitioners and parents to support collaborative, respectful conversations between professionals and parent-clients about how adversity can affect the whole family.



### [Adult mental health learning pathway](#)

Designed for practitioners working in adult services with parents, including birthing parents, where mental health difficulties, isolation, disadvantage and adversity significantly impact upon them.



### [Engaging with children learning pathway](#)

Designed for all practitioners as an introduction to the concept of engaging children as partners in practice, as a foundation for responding to child mental health concerns.



### [Supporting infants and children in disasters: A practice guide](#)

Series of resources on child-centred and family-focused approaches in disaster preparedness, response and recovery that promote the long-term healing and wellbeing of children and families.

## Strengthening early support opportunities



### [Keeping the infant and toddler in mind](#)

Online course providing practitioners with an introduction to a relationship-based framework promoting the mental health of children aged 0–5 years. Describes three interrelated practice positions when working with infants, toddlers and families: ally, advocate, awareness of relationship.



### [GP Toolkit](#)

A selection of accredited resources for GP's and others working in general practice.



### [In focus: Child mental health and disability](#)

Short article advocating a shift to a social model of disability in supporting children's mental health, emphasising each child's unique strengths and communication needs, whole-family wellbeing, and collaborative support networks to foster inclusion and resilience.



### [Practice strategies for supporting autistic and ADHDer children's mental health](#)

Online course for health, community and social service professionals introducing strategies to support work with children and families, focusing on improving quality of life by understanding, accommodating and advocating for their needs.

## Enhancing specialist care



### [Focused psychological strategies for children aged 5-12](#)

Accredited online course to develop GPs' skills in delivering evidence-based psychological interventions for a variety of mental health presentations.



### [Practice strategies for working with children learning pathway](#)

Suite of online courses designed for practitioners who implement mental health interventions by examining practice skills and strategies that help support collaborative engagements with children and their families.



## Organisational support resources for leaders



### [Emerging Minds Focus](#)

An interactive tool designed to guide organisations on a quality improvement journey in supporting the mental health and wellbeing of infants, children and their families.



### [The role of organisation leaders in supporting infant and child mental health](#)

Guidance for different sectors on organisational structures and processes that support infant and child mental health.



### [Workplace Dashboard](#)

Tool enabling you to create and assign online learning pathways for staff to complete, track their progress and generate reports.

Emerging Minds offers a range of free, easy-to-use tools to support practitioners working with children and families. Get started with the resources below, or visit [www.emergingminds.com.au](http://www.emergingminds.com.au) to find out more.

**Subscribe to our fortnightly e-newsletter to stay up to date with new resources, events and more.**

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