

Clinical application of Social and Emotional Wellbeing to support Aboriginal & Torres Strait Islander Families



Grant Sarra Long standing cultural advocate dedicated to Truth Telling and Justice

Grant Sarra is a proud descendant of the Gooreng Gooreng people through his

mother, and a first-generation Italian through his father. A respected cultural leader with a deeply strategic and analytical approach, Grant has played a pivotal role in shaping large-scale social and economic initiatives across Australia. His contributions have consistently strengthened self-determination, improved operational outcomes, and secured significant investment for Aboriginal and Torres Strait Islander organisations and communities.

Grounded in humility and guided by respect, Grant brings a high-level political acumen and a values-driven leadership style to every engagement. His ability to navigate complex government and corporate systems has led to tangible policy improvements that better serve Aboriginal and Torres Strait Islander peoples at both state and federal levels.

With a clear focus on outcomes and impact, Grant leverages his extensive networks and expertise to champion forward-thinking solutions. His work consistently centres Aboriginal and Torres Strait Islander voices, positioning them as leaders and innovators in an evolving global economy.



Lou Turner Pitjantjatjara Father

Lou is a proud Anangu Father with Pitjantjatjara connections to Docker River and Mutitjulu Communities, as well as Stolen

Generations histories and resulting disconnection in his family. As a Pitjantjatjara man, also with Indonesian and Scottish heritage, he is guided by my experiences of growing up between cultures, families and environments. Exposure to this diversity has informed his identity and forms the foundation to how he lives and engages with the communities to whom he has the honour and privilege of serving, living and working amongst. Lou's strengths lie in his strong abilities to relate to others from all walks of life and the skills of 'walking in two worlds' to achieve this.

Lou is passionate about working within Aboriginal and Torres Strait Islander Communities to promote health and healing outcomes for the generations to come through investing in the delivery of high standards of Culturally Responsive care within the health and associated, social and emotional wellbeing sectors. Driven by his cultural obligations to be actively engaged in supporting essential and enabling relationships and processes that support intergenerational health and healing outcomes, Lou's approaches are based upon the values of reciprocity, respect, and unity, as well as honouring the voices of people with lived and living experience.

Lou's personal interests are in the positive promotion of Aboriginal and Torres Strait Islander Cultures, health and wellbeing, family connections, and maintaining an ecological connection with Country for the best interests of our young ones, their families and Elders.

Lou's children are his biggest teachers, and he continuously strives to enable the intergenerational healing that is needed in his family.



Shirley Young
Aboriginal Social Worker

Shirley Young is an Aboriginal woman descending from the Nukunu people in South Australia.

She is the proud mother of two children and the Director of Two Worlds Consultancy and co-director of Endless Eden.

Shirley has completed a Bachelor of Social Work-Honours, Diploma of Narrative Approaches in Counselling and a variety of formal and industry specific training.

She has worked in various Public Service organisations over a span of 24 years in portfolios such as Health, Child Protection and Child and Adolescent Mental Health.



**Facilitator:
Dana Shen**
Aboriginal Cultural
Consultant

Dana has 20 years' experience working across the public and not-for-profit sectors in the areas of health, families and child protection.

Dana is Aboriginal/Chinese and a descendant of the Ngarrindjeri people in South Australia and has a passion for working with Aboriginal people and communities.

With over 20 years' experience working across the public and not for profit sectors in the areas of health, families and child protection, Dana has worked in a number of senior roles with the SA public sector in which she had responsibility for program management, service delivery, policy development and strategic planning and worked with The Australian Centre for Social Innovation (TACSI) where she held the role of Principal, Social Services, Systems & Aboriginal Policy and Director of the Family by Family program.

Dana's current work includes supporting organisations to plan for the future and elevating the voices of living experience to make service and systemic change through co-design and other approaches.

In addition, Dana recently completed a two-year mindfulness meditation teacher's course with Jack Kornfield and Tara Brach and is committed to making this accessible to organisations and communities in South Australia and bringing a strong First Nations and Ngarrindjeri lens to mindfulness practice.

Dana co-facilitates a Systems Leadership program with The Systems School's Seanna Davidson.